





















BULLY OR BUDDY?



#BEKIND

BULLY-FREE
ZONE

A buddy is someone who is friendly, inclusive and kind towards others. A bully is someone who displays negative behaviours, such as teasing, hitting, name calling and is generally mean to people. Read through the statements below and decide if it describes a buddy or a bully. If it is a buddy, colour in the smiling face. If it is a bully, colour in the sad face.

Invites others outside of their friendship group to play.		
Laughs when someone hurts themselves.		
Is kind and polite		
Offers to help others when they are in need.		
Intentionally trips someone over.		
Tells a teacher or an adult if they see someone being hurt.		
Sends hurtful messages about another person while online.		
Snatches things from others.		
Punches and hits people on the playground.		
Is respectful to their classmates.	