

BOUNCE INC

FREE SPIRITS UNLEASHED

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FREE JUMPING REVOLUTION

FREE JUMPING
JOIN THE REVOLUTION

A group of people, including a woman with her arms raised, celebrating at a Bounce event. The woman in the center has her arms raised in the air, and she is smiling broadly. She is surrounded by other people who are also smiling and looking towards her. The background is a dark, industrial-looking space with various signs and decorations. The overall atmosphere is festive and energetic.

Groups & Events

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Unleash your Free Spirit.

Bounce is a lot more than an indoor trampoline centre

BOUNCE is a place that creates and celebrates joy, fun and self-powered adrenaline. We are part of a global freestyle movement inspiring self-expression and human connection in physical activity.

Through a unique blend of fun, freestyle, progression and development, BOUNCE is a place to develop and harness balance, coordination and agility.

Our Purpose is to 'Inspire movement, self expression & human connection'. We aim to be a loved destination for the families, schools and young people, who come to BOUNCE to learn new skills, awaken confidence and just let go. It's about inspiring everyone to forget the serious stuff for a while and get immersed in an atmosphere of fun.

Everything we build is also designed to meet the needs of the freestyle athletes who train with us. These people help shape our evolution and inspire others by showing what's possible.

Across different countries, cultures, ages and skill levels we are growing an inclusive tribe. Our tribe is unified around the feeling of freedom that comes from combining balance, coordination, strength and agility just for fun. We call it freestyle.

Each BOUNCE trampoline centre is an Adrenaline Playground comprising around 3,000 square meters of interconnected indoor trampolines, adventure features, padding and airbags.

We have a diverse customer base that ranges from pre-schoolers and teenagers, to elite athletes and corporate groups.

Our trampolines, padding and air bags create the perfect playground to develop and practice your skills. Whether you're trying to master your first flip into the Big Bag or learning how to run The Wall, it's the ultimate environment to get a taste of Freestyle!

Introduction

Think BOUNCE is just for kids? Think Again.

BOUNCE offers a next-level, bespoke experience for businesses who are looking for a fresh, new take on their corporate events. As a brand, we are passionate about encouraging individuality, sparking a love for physical activity and inspiring progression in a safe, fun and interactive environment. All this, and you won't have to compromise on the professionalism you would expect at a more traditional event venue.

We make sure nobody gets left out of the action. You don't need to be an athlete to enjoy your next corporate event at BOUNCE. No matter your age or skill-level, BOUNCE will ensure that your team is treated to fully inclusive-experience customised to your exact requirements.

With a selection of packages and programs to suit any need, objective and budget- BOUNCE is the perfect place to host an unforgettable conference or event like no other before.



Conferencing & Events

Don't settle for the same old venue

BOUNCE's world-class venues offers the perfect place to plan your next business event or conference. Filled with 100% inclusive fun, our packages offer a tailor-made experience like no other before. Every conference is packed with moments of joy passionately facilitated by your awesome BOUNCE team.

From great event extras, mouth-watering food options, fully equipped conferencing rooms and our top-of-the-line facilities- BOUNCE offers a fun-filled, action-packed experience perfect for your next office get-together.

We have everything you'll need for an unforgettable experience, in one convenient place. From an extensive range of catering options, out-of-the-box conferencing facilities, large screen televisions, projectors and screens. And fun event extras, including photo booth hire and entertainment, private venue hire options, onsite medics and more- You walk in, jump around and walk out – we manage everything else!

What could be easier than that?

“Wow Wow Wow.....our team had an amazing time. Thank you so very much for all the assistance and organizing of our conference. The entire team from the Cleaners to the kitchen assistants to the teambuilding crew were absolutely amazing. All were so accommodating and kept the spirits up.” – Nandos

“A huge thank you for your extremely efficient service and more so delivery of an incredible event for the Coca-Cola Parents and Children. Simply love working with you guys. Thank you thank you!!!!” – Coca-Cola

“I would just like to say a BIG thank you for hosting us for our event. The ENTIRE group had an epic time and really enjoyed themselves. Thank you for how the event was well planned, the preparation that went behind it and how it was eventually executed” – YUM! Brands



Packages

A quick guide to our standard packages for conferencing & events

Full Day Package

***R550⁰⁰** per person

- Access to private conferencing facilities
- AV equipment including a projector, screen and sound.
- Breakaway rooms
- A continental breakfast per person
- Tea & Coffee station
- Lunch per person
- 500ml water per person
- Official BOUNCE grip socks per person
- 1 hour of hosted BOUNCE activities

**rate subject to increase based on optional event additions
Minimum booking of 25*

Half Day Package

***R375⁰⁰** per person

- Access to private conferencing facilities
- AV equipment including a projector, screen and sound.
- A continental breakfast OR lunch per person
- Tea & Coffee station
- 500ml water per person
- Official BOUNCE grip socks per person
- 1 hour of hosted BOUNCE activities.

**rate subject to increase based on optional event additions
Minimum booking of 25*

Build your own

price on request

Customise your next event experience at BOUNCE with a package that ticks all the boxes

- Product Launches
- Media & PR events
- Family Days
- Fundraisers
- Year-end Events
- Teambuilding
- Staff mixers

Chat to us about creating an inclusive event designed to suit your exact needs.



Teambuilding

Forget boring trust-falls and orienteering



“We went a few weeks back for a teambuild and WOW!!! The atmosphere was outstanding and everyone participated. The staff were fantastic and our whole team was over 35 years old and having a blast! What a great place to have a team build!” – Rhema Church

Amp up your next office get-together with an unforgettable teambuilding experience at BOUNCE.

Our teambuilding workshops are about getting to know one another while having fun, and creating meaningful team connections in a pressure-free and healthy space. From dodgeball warfare to big-bag relays, your dedicated teambuilding facilitator will tailor a package to suit your exact needs.

Don't consider yourself an athlete?

Not a problem. Activities are designed to be inclusive for any-one– no matter your age or fitness level. You're never too old to feel like a kid again!

Choose your own custom, facilitated session-type:

Good, Clean Fun

Spend some time bonding with your team and exploring your personal BOUNCE playground! Work is serious, why should your team outing be? This light-hearted hosted experience focuses on letting loose, big laughs and some memorable moments of fun with your team-mates.

Some Healthy Competition

Have a score to settle in the office? Split up and battle for bragging rights in a dodgeball tournament or show your colleagues how it's done with the fastest time on our X-Park obstacle course. This facilitated session will foster team communication and break down those awkward barriers with a fun, competitive edge.

Take it Next-Level.

You and your colleagues can learn some basic moves at your favourite BOUNCE venue with your own, personal trampoline coach. You don't need to be an expert to land some cool tricks! From bum-drops to wall-running, build some confidence and have fun with fundamental skill-coaching session catered to your team's skill level.

Packages

A quick guide to our standard packages for teambuilding events

The Classic

***R175⁰⁰** per person

- 1 hour of hosted BOUNCE teambuilding activities based on your chosen session type
- a BOUNCE teambuilding host to facilitate an unforgettable experience
- VIP access, meaning you bypass all queues and your team is treated to the ultimate guided experience
- 500ml water per person
- Official BOUNCE grip socks per person

The Favourite

***R300⁰⁰** per person

- 2 hour of hosted BOUNCE teambuilding activities based on your chosen session type
- a BOUNCE teambuilding host to facilitate an unforgettable experience
- 1 hour access to our private function rooms.
- VIP access, meaning you bypass all queues and your team is treated to the ultimate guided experience
- 500ml water per person

Build your own

***price on request**

- Chat to our dedicated booking coordinator about creating a package that suits your needs
- Private venue hire
- Delicious catering options
- Flexible booking times.
- Budget friendly options.

**Minimum booking of 10*



BOUNCE hosts are selected and trained around our philosophy of inspiring physical activity, self-expression and human connection.

Your hosts will ensure your session runs smoothly, and everyone has a great experience.

Vibe Tribe Activation Rig

Can't come to BOUNCE? We will come to you!

Unleash your Free-Spirit at your next event with the BOUNCE VIBE TRIBE! BOUNCE's Extreme Team defies the rules of gravity in a trampoline showcase never seen before as they take on the Great Wall, slam dunk like basketball professionals while mixing it up with the BOUNCE parkour and dancing crew. The Bounce Vibe Tribe is sure to have you holding your breath as you watch them flip themselves into the air and literally BOUNCE off the walls.

Our MC will be able to provide entertainment for the day as well, as he is one of SA's up and coming Beat Boxers, check out his profile here. The "Vibe Tribe" has become a sort-after entertainment addition to any convention, festival or conference

Each of these activations take about 15 - 20 minutes. They are high intensity and we can repeat them every 2-3 hours. Between these times we have some fun with basketball competitions, soccer competitions, parkour lessons and meet and greet BINC the mascot.

Please see the link below for a sneak peak of the Vibe Tribe Experience:

<https://youtu.be/JiaymTw6jvE>

Price from *R35 000.00 ex VAT per day

- Includes a full team of performance athletes
- Ground staff
- MC for the day
- Full sound and lighting set up
- DJ deck available on request

*prices can be discussed on enquiry, and may be adjusted based on availability, requirements and marketing potential.

The following is incorporated into the activations:

- › Wall Runners and Extreme Trampoline Showcase
- › Parkour
- › Dancers
- › Basketball
- › BMX
- › Acrobatic Cheerleaders
- › Beat Box Performer
- › BOUNCE Mascot





BOUNCEFit & Corporate Wellness

TESTIMONIAL: “From the warm and friendly staff at reception to the motivated and skilled instructors, this is the place to be! I started BOUNCE-FIT 3 months ago and try to attend classes at least 3 times a week. As of now, I have lost 22.9 kgs! It has been a life changing experience and I’m still going strong. Thank you BOUNCE” – Janka, a happy BOUNCEFit customer.”

According to a study by the Organization for Economic Cooperation and Development, South Africa is 5th hardest working country in the world, with 12% of our workforce spending over 60 hours a week in the office.

All this time at work, coupled with an increasing digitally-dependant lifestyle, means less focus on fitness and physical activity. Offering your employees a way to stay active has become more important than ever, with many businesses opting to include a workplace fitness program in their employees’ routine.

BOUNCE Inc is one of the leading national brands when providing an effective way to get fit (that is also fun for your whole team!)

A world-class work-out - NASA has described trampolining (or ‘rebound exercise) as the most effective form of exercise devised by man. 10 minutes of jumping can burn as many calories as 33 minutes of running! There are a multitude of proven benefits such as improving overall coordination, strength, flexibility, timing and balance. The trampoline also absorbs up to 80% of the shock- so whether you’re 17 or 70, everybody can get involved.

No more sick days - Exercise can boost your immune system- reducing your chances of colds, flu and other illnesses.

Less stress - According to the February 2011 issue of Harvard Men’s Health Watch, exercise has the ability to “both exhilarate and to relax and can serve to counter depression and to dissipate stress”

Increased productivity- an active body means an active mind. Your team can benefit from improved work performance and refreshed mental sharpness.

Fitness Fosters Teamwork - it’s a phenomenal team-building opportunity- employees who exercise together get to know each other better, encourage each other and form a more cohesive team.

BOUNCEFit Session- from R80

Book your team in for an hour-long structured BOUNCE-FIT class.

From beginners to advanced athletes, your instructor will ensure your team is treated to an exhilarating work-out.

Includes your own BOUNCEFit instructor.

A bottle of 500ml water per attendee.

***Min 10 people per booking**

BOUNCEFit Program - POA

Looking to incorporate a fitness program into your office routine but don’t have the facilities?

Speak to us about coordinating a program that fits your team’s schedule and budget.

We’ll create a dedicated and customised program designed by our BOUNCEFit exercise specialists

Flexible booking times

Safety First

Our safety policy

Safety is our number 1 priority and we have a safety record we are proud of.



BOUNCE has a tightly managed and monitored safety system, developed around international industry best practice. Safety is our number 1 priority and as a brand, we have a safety record we are proud of. Global BOUNCE Statistics confirm that BOUNCE has approximately 2 significant injuries (such as a fracture) for every 10,000 hours of jumping at BOUNCE. There is significantly less likelihood of sustaining a serious injury jumping at BOUNCE than playing many of the more widely adopted amateur sports such as netball, soccer or basketball.

Training & Instruction

One of our primary safety principles is ensuring jumpers do not attempt any activity beyond their skill level. BOUNCE staff & safety referees are available to assist all customers with tips and tricks on how they can safely progress in trampolining and land that elusive trick! When visiting as a school group, we are here to ensure that your students have a fulfilling and safe experience.

Jump Safe

The general safety rules and guidelines for each area are displayed throughout BOUNCE. Our terms and conditions outline the risks and at the time of booking, BOUNCE will provide your school with these T&Cs and an indemnity form that must be signed by the parents/guardians of the attendees. Our rules and safety guidelines have been developed in conjunction with recognised safety experts with the specific direction to meet or exceed world's best practice. To minimise the chance of dangerous situations, especially for inexperienced jumpers, we have clearly posted trampoline court rules at the entrance to each court. These rules are enforced by our floor staff.

Grip Socks

All School packages are inclusive of BOUNCE approved grip-socks. These compulsory grip-socks are designed to help maximise grip, safety and general hygiene.

Staff & Expert Supervision

BOUNCE recruits staff that have significant experience in areas of gymnastics and associated sports and activities such as circus performance and sports coaching. We're all about big personalities and are devoted to delivering seamless customer service. Each of the trampoline courts / areas is monitored by trained trampoline staff. Our team of BOUNCE Referees is trained in CPR and First Aid and is tasked with enforcing the court rules in a courteous manner. Our staff enforce our 'one person per trampoline' rule to avoid collisions and are there to show you a few moves along the way!

Peace of mind

The BOUNCE guarantee

Quality assured fun at BOUNCE

Since landing in 2015 as Africa's first ever trampoline park, BOUNCE Inc has become the leading brand both locally and internationally for customer-centric, clean and organic family fun.

We're passionate about offering an unparalleled customer experience and ensure this standard is met with continuous staff development & training and equipping all venues with the highest grade equipment and safety features.

BOUNCE is part of the leading international body that is striving to create the world's best practice for trampoline safety. Locally, BOUNCE South Africa has adopted Australian Trampoline Park Association (ATPA) Standards which are considered the most stringent in the world, and we work together to design the critical elements of our safety policies, programs and procedures.

“THANK YOU”

Please do not hesitate to contact us if you have any questions.

With the promise of comprehensive assistance is 24 hours or less.

Contact Us

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